

# Rävensädelänes

## SOROPTIMIST INTERNATIONAL OF RIVERSIDE NOVEMBER 2023



GOLDEN WEST REGION
DISTRICTS 1 & 2 FALL MEETING
OCTOBER 13-14, 2023
"WILDEST DREAMS"

JoAnn Moore, Susan Exon, Edith Gingerich, Ellen Clizbe, Debbie Kelley, Chris Deviny, Melanie McKee, Tillie Soliz, Sophia Mendoza, Linda Robertson, Irma Flores and Charlene Johnson

## SOROPTIMIST VISION

Women and girls have the resources and opportunities to reach their full potential and live their dreams.

#### SOROPTIMIST MISSION

Soroptimist is a global volunteer organization that provides women and girls with access to the education and training they need to achieve economic empowerment.

#### SOROPTIMIST TAG LINE

### "INVESTING IN DREAMS"

## SOROPTIMIST CORE VALUES

Soroptimist International of the Americas is committed to:

• GENDER EQUALITY:

Women and girls live free from discrimination.

- <u>EMPOWERMENT</u>: Women and girls are free to act in their own best interest.
- <u>EDUCATION</u>: Women and girls deserve to lead full and productive lives through access to education.
- DIVERSITY & FELLOWSHIP:

Women from varied backgrounds and perspectives work together

to improve the lives of women and girls.

#### SOROPTIMIST 2021-2031 BIG GOAL

Invest in the dreams of half a million women and girls through access to education.

#### 2023-24 BOARD OF DIRECTORS

#### **PRESIDENT**

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#### **VICE PRESIDENT**

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#### JUNIOR DELEGATE

Debbie Kelley (951) 205-5340 debbie52lcsw@aol.com



#### PRESIDENT'S MESSAGE



Melanie McKee 2022-24 President

Hello ladies! In this month when we all give thanks, I'd like to sum it up with a quote:

"Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend."

Melody Beattie

Looking forward to SI Riverside's Friendsgiving on November 14th when we will show gratitude and thanks for all of our fellow members.

Melanie McKee, Dr.B.A. 2022-24 SIR President



#### NOVEMBER 2023 CALENDAR



- 2 TOUR OF MAIN STREET
  TRANSITIONAL LIVING
  PROGRAM
  2:00 PM to 3:00 PM
- 7 <u>BOARD MEETING</u> 12:00 PM on ZOOM
- 9 WORLD FREEDOM DAY
- 14 *FRIENDSGIVING*12:00 PM, Habitat for Humanity, 2180 Iowa Avenue, Riverside
- 25 <u>INTERNATIONAL DAY FOR</u>
  <u>THE ELIMINATION OF</u>
  <u>VIOLENCE AGAINST</u>
  <u>WOMEN</u>
- 28 <u>BUSINESS MEETING</u> 12:00 PM, Habitat for Humanity, 2180 Iowa Avenue, Riverside

DECEMBER 2023 CALENDAR



- 2 <u>INTERNATIONAL DAY FOR</u> <u>THE ABOLITION OF</u> SLAVERY
- 5 <u>BOARD MEETING</u> 12:00 PM on ZOOM
- 5 <u>INTERNATIONAL</u>
  <u>VOLUNTEER DAY FOR</u>
  <u>ECONOMIC AND SOCIAL</u>
  <u>DEVELOPMENT</u>
- 10 <u>INTERNATIONAL HUMAN</u> RIGHTS DAY
- 12 *BUSINESS MEETING* 12:00 PM, Habitat for Humanity, 2180 Iowa Avenue, Riverside
- 16 <u>HOLIDAY PARTY</u> Susan Wolf's Home

NO PROGRAM MEETING
IN DECEMBER

DATES TO REMEMBER



March 9, 2024

<u>LIVE YOUR DREAM: DREAM IT,</u>
<u>BE IT CONFERENCE</u>

Riverside Community College

May 31-June 2, 2024

GWR SPRING CONFERENCE

Hosted by SI Tucson Casino Del Sol Resort 5655 W Valencia Road Tucson, AZ 85757

July 24-27, 2024

SOROPTIMIST INTERNATIONAL
OF THE AMERICAS 48th
BIENNIAL CONVENTION
Bellevue, Washington

July 27-28, 2024 SIA LEADERSHIP ROUND TABLE Bellevue, Washington

## July 2027 SOROPTIMIST INTERNATIONAL CONVENTION Alaska

#### FOR YOUR INFORMATION

Soroptimist International Riverside, a club in District 1 of the Golden West Region of Soroptimist International of the Americas, meets on the 2nd and 4th Tuesdays of each month. We meet at Habitat for Humanity, 2180 Iowa Avenue, Riverside, from noon until approximately 1:15 PM. Please arrive a little early so that we may begin promptly at noon. The 2nd Tuesday is a Business Meeting and the 4th Tuesday is a Program Meeting.

NOVEMBER 25, 2023
INTERNATIONAL DAY FOR
THE ELIMINATION OF
VIOLENCE AGAINST
WOMEN



International Day for the Elimination of Violence Against Women is a day that's observed on November 25th each vear and is designed to raise awareness about the fact that women around the world are subject to a variety of different kinds of violence including domestic violence and sexual assault. Although leaders all over the world have led the charge on eradicating the problem of violence against women, there is still considerable work that needs

to be done. Violence against women continues, both on a local and a global basis and the problem has to be properly addressed.

#### The History Of International Day For The Elimination Of Violence Against Women

The history of this day can be traced back to 1960. This is when three Mirabal sisters were assassinated on order by dictator Dominican Rafael Trujillo. The sisters were political activists who opposed Trujillo's regime. In 1981, activists at the Latin American and Caribbean Feminist Encuentros decided on that anniversary of day, November 25th, as the day raise awareness about violence against women. Through their work, the United Nations would pass a resolution on December 17,1999, to make International Day For Elimination Of Violence Against Women an official day.

#### Facts & Figures About Violence Against Women

- Over a third of the women in the world have experienced physical or sexual violence.
- During the COVID-19 pandemic, call to violence helplines increased by over 500% in some countries.
- Almost 150 women are killed by a member of their family every single day.
- Less than 40% of women who experience violence will seek or receive any help.
- At least 200 million women, ages 15-50, have undergone female genital mutilation in the world.

- Genital mutilation of women is practiced in 31 countries in the world.
- Approximately 15 million girls aged 15-19 have experienced forced sex.

#### Observing International Day for the Elimination of Violence Against Women

Those of you who are wishing to participate on this day can do so by taking action in your community. You can organize a march or reach out to women who have experienced violence against them. You can also give money or time to an organization that deals with violence against women. You can also take part in the UNITE Campaign—a campaign that was launched in 2008, as a way to prevent and eliminate violence against women.

Ending violence against women is possible, but only if we act together, now.

#### SOROPTIMIST INTERNATIONAL OF THE AMERICAS

## STRATEGIC OUTCOMES

#### **IMPACT**

Together, we will provide a sustainable impact on the lives of women and girls who face obstacles such as poverty, violence, and teen pregnancy by providing access to education leading to economic empowerment.

#### **ENGAGEMENT**

Members and supporters will find value through engagement with our mission, programs, and events.

#### **PHILANTHROPY**

Our ability to achieve our 2021-2031 Big Goal will be fully funded by our generous donors.

## BRAND RECOGNITION

Global marketing and communications will drive meaningful actions to increase impact.

#### **SUSTAINABILITY**

Effectively utilize funds to achieve successful long-term outcome goals.

From SIA website: www.soroptimist.org

OCTOBER 13-14, 2023 GWR DISTRICTS 1 & 2 FALL MEETING



The Golden West Region Districts 1 & 2 Fall Meeting was hosted by SI Riverside and SI Moreno Valley on October 13-14, 2023, and held at the First United Methodist Church, 4845 Brockton Avenue in Riverside.

A detailed report of this very successful and informative Fall Meeting was sent to members by SI Riverside Delegate Debbie Kelley.

#### FRIDAY, OCTOBER 13, 2023 TOUR OF THE CHEECH











#### FRIDAY, OCTOBER 13, 2023 DINNER AT SPAGHETTI FACTORY











#### FRIDAY, OCTOBER 13, 2023 WINE & JAZZ AT THE MISSION INN



SATURDAY, OCTOBER 14, 2023 FALL MEETING





































OCTOBER 18, 2023 SPA RELAXATION EVENING

## Spa Relaxation Evening



On October 18th, SI Riverside members Ellen Clizbe, Debbie Kelley, JoAnn Moore, Linda Robertson and Tiffanie Tate joined Barbara Walling on Ellen's beautiful patio to gather for an evening of good food, soothing relaxation and, most of all, friendship.

Everyone soaked their pretty feet in cool water (it was a hot evening even at dusk) laced with glass marbles to gently massage and relax.

Barbara led the friends in a brief relaxation exercise. Included in the exercise was the suggestion that each think of a positive and loving word or phrase to whisper to herself when prompted. The idea was to sit quietly and, every once in a while, repeat the word silently as a reminder that each is a loving friend on the inside as each is to others on the outside.

Barbara Walling











#### NOVEMBER 14, 2023 FRIENDSGIVING



**November 14, 2023** 

12:00 Noon

Habitat For Humanity 2180 Iowa Avenue



#### FRIENDSGIVING MENU

MAIN DISHES: Turkey/Gravy Ham

#### **APPETIZERS & SIDES:**

Cranberry-Orange Sauce
Charcuterie Tray
Fruit Tray
Mashed Potatoes
Macaroni and Cheese
Green Bean Casserole
Green Salad & Dressing
Coleslaw
Corn Muffins/Butter

#### **DESSERTS:**

Pumpkin Pie
Apple Pie
Apple Cranberry Pie
Pumpkin Squares
Gingerbread Cookies

**BEVERAGES SUPPLIED** 

BY CLUB: Apple Cider Water Iced Tea

#### DECEMBER 16, 2023 HOLIDAY PARTY





Saturday
December 16, 2023
5:30 PM
\$35.00/person
Home of Susan Wolf

RSVP by Friday, December 1<sup>st</sup>
To Debbie Kelley:
Text/Call (951) 205-5340
(Identify Yourself in Text)

### Join the Toy Drive

For Arlington Temporary
Assistance – Bring an
UNWRAPPED toy to the
Holiday Party

#### **MENU**

A chef will prepare pasta creations for each attendee with your choices from the following list:

PASTA: Angel Hair, Penne and Cheese Ravioli

PASTA SAUCES: Meat Sauce, Alfredo, Pesto or Olive Oil

MEATS: Meatballs, Shrimp or Chicken

TOPPINGS: 3 Color Bell

Peppers, Mushrooms, Garlic, Onion and Olive Oil

GARLIC BREAD

GREEN SALAD

DESSERT: Spumoni
BEVERAGES: Iced Tea and
Water

BRING YOUR OWN WINE OR OTHER BEVERAGES

## TRANSITIONAL LIVING PROGRAM



Dear Club Members:

A gentle reminder! Our highly anticipated tour of the Operation Safehouse Transitional Living Program is just around the corner!

Join us on Thursday, November 2, 2023, from 2:00 PM to 3:00 PM at 4509 Main Street in Riverside, next to the back of Riverside Community College.

It's a fantastic opportunity to learn more about this remarkable program and the positive impact it has on our community.

We can't wait to see you there!

Sophia Mendoza Transitional Living Program Chair

#### **HISTORY WALK**



## SOROPTIMIST HISTORY WALK

Two extraordinary individuals made the original Bicentennial History Walk come to life and as then SI Riverside president Elissa Fruciano said, "It is a pleasure to acknowledge our indebtedness to Tom Patterson, Historian, and Bette Fauth, Artist-Designer. There could not have been a without History Walk their dedicated efforts. Neither they nor we realized the tremendous scope of this project. As it developed it became more exciting but also, more time consuming."

Tom Patterson had the responsibility of digging out the historical facts and making recommendations on the events to be commemorated in stone.

In some instances, the committee had extreme difficulty in making choices. Mr. Patterson also researched each event and wrote the text for the History Walk booklet.

Bette Fauth worked with Tom Patterson's list of historical events and text. It was also necessary to uncover photographs depicting these important occasions. She designed the artwork for the stone and prepared the lettering. It is estimated that Bette spent over one thousand hours in research, designing and working with the stone craftsman and the committee.

Mrs. Fauth completed what we now consider a two-year project in six months. Working day and night she managed to continue her work as Assistant Professor of the Riverside City College Art Department, take care of her family and complete this project.

Now in 2023 as SI Riverside attempts to add two new stones to the History Walk, we once again are reaching out to a local historian and artist to assist in this important historical project.

Susan Exon History Walk Chair



## SOROPTIMIST LEADERSHIP TRAINING



## SOROPIMIST CUSTOMS & PROTOCOL

By custom, the membership pin is worn on the left side, close to the heart.

Attend meetings regularly.

Be on time for meetings.

Address the presiding officer as president by her name, e.g. "President Melanie."

Address another Soroptimist by her first name.

Welcome and introduce visiting Soroptimists and guests.

Do business with Soroptimists on a business basis, expecting no favors or special treatment.

Pay your own way unless you are invited as a guest or as a speaker.

Honor the office a person holds.

Disagree politely and keep informality within the bounds of fellowship and parliamentary procedure.

Use correct terminology:

- We are Soroptimists not Sorops
- We are clubs not chapters
- We are a federation not national or federal
- We have a pledge not a creed or motto
- We elect region officers not regional officers

#### Use correct names:

- Soroptimist International of (name of your club)
- Soroptimist International of the Americas
- Soroptimist International

From the Soroptimist New Member Handbook

#### MEMBER MOMENTS



On October 19th, four SI Riverside members and one past member enjoyed dinner after seeing a show at Laguna Theater.

Photo: Ruth Ann Mlcoch (past member), Ellen Clizbe, Carolyn Kegarice, Chris Deviny and Tillie Soliz

#### **NOVEMBER BIRTHDAYS**



Susan Wolf – 2nd Melanie McKee – 24th

## NOVEMBER MEMBERSHIP ANNIVERSARIES



Barbara Walling 11-01-2001

Tillie Soliz 11-09-2010

#### **CONTACT US**



#### SOROPTIMIST INTERNATIONAL OF RIVERSIDE

CLUB NUMBER 114315

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<u>EMAIL ADDRESS</u>: siriverside@soroptimist.net

<u>WEBPAGE</u> www.soroptimistriverside.org

<u>FACEBOOK</u> Soroptimist Riverside CA

> <u>INSTAGRAM</u> soroptimistriverside

#### LINKED IN

www.linkedin.com/company/sor optimist-international-of-riverside

#### **GOLDEN WEST REGION**

<u>WEBPAGE</u> www.goldenwestregion.org

FACEBOOK
Soroptimist International Golden
West Region

### SOROPTIMIST INTERNATIONAL OF THE AMERICAS INC.

1709 Spruce Street Philadelphia, PA 19103-6103

WEBPAGE www.soroptimist.org

FACEBOOK
Soroptimist International of the
Americas

#### SOROPTIMIST INTERNATIONAL

8A Romsey Terrace Cambridge, CB1 3NH United Kingdom

<u>WEBPAGE</u> www.soroptimistinternational.org

#### **SOROPTIMIST PLEDGE**



I pledge allegiance to Soroptimist and to The ideals for which

it stands: The Sincerity of Friendship, The Joy of Achievement, The Dignity of Service, The Integrity of Profession, The Love of Country. I will put forth my greatest effort to promote, uphold, and defend these ideals, for a larger fellowship in home, in society, in business, for country and for God.

#### **RIVERSIDELINES**



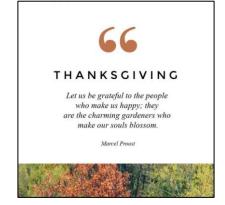
**EDITOR** Pam Bradford

#### **DEADLINE**

Submit articles and photos by the 25th of each month to Pam at:

pambradford@pamsemail.net

#### **GIVING THANKS**



"It takes a lot of courage to have an attitude of gratitude during the dark times. But once you have it, it empowers you." JOSHUA TONGOL



AGRATEFUL heaktisthe Best KIND





66 Be present in all things and thankful for all things." Maya Angelou



Gratitude

