

# SOROPTIMIST INTERNATIONAL OF RIVERSIDE OCTOBER 2024

### SOROPTIMIST VISION

Women and girls have the resources and opportunities to reach their full potential and live their dreams.

## SOROPTIMIST MISSION

Soroptimist is a global volunteer organization that provides women and girls with access to the education and training they need to achieve economic empowerment.

# SOROPTIMIST TAG LINE

"INVESTING IN DREAMS"

#### SOROPTIMIST CORE VALUES

Soroptimist International of the Americas is committed to:

• <u>GENDER EQUALITY</u>: Women and girls live free from discrimination.

- <u>EMPOWERMENT</u>: Women and girls are free to act in their own best interest.
- <u>EDUCATION</u>: Women and girls deserve to lead full and productive lives through access to education.
- <u>DIVERSITY & FELLOWSHIP</u>: Women from varied backgrounds and perspectives work together to improve the lives of women and girls.

#### SOROPTIMIST BIG GOAL

Invest in the dreams of half a million women and girls through access to education.

# 2023-24 BOARD OF DIRECTORS

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### PRESIDENT'S MESSAGE



Edith Gingerich 2024-25 President

"Peaceful Solidarity" Why did I choose this slogan for our 2024-2025 club year?

completely As а volunteer organization, we have an abundance of tasks to be performed and always with a deadline. We also have very dedicated member volunteers who believe strongly in our mission to conduct these tasks, each wearing several hats throughout the year while working with other members on committees and projects to get things done on time!

With so much going on all the time, there are bound to be conflicts in personalities and ideas as to how things should be done. Yet we are all working toward the same goal of "empowering women and girls through education to reach their full potential and live their dreams."

This is the Soroptimist mission and we need "Solidarity" in embracing this mission and our goals by working together to help as many women and girls as we possibly can.

The "Peaceful" part is a gentle reminder to give everyone equal say and mutual respect when conflicts or miscommunications arise.

As a club, we have developed a "Code of Conduct" to help us get through those time when members are stressed. It includes some simple exercises to help with strained communication and gentle reminders on how we want to be respected just as others do.

Communication and mutual respect are the keys to having a peaceful work environment, even in a completely volunteer organization, and sometimes we just need a little reminder.

> Edith Gingerich 2024-25 SIR President



 4- <u>GWR DISTRICT 1 FALL</u>
<u>MEETING</u> Rancho Cucamonga

- 8 <u>BUSINESS MEETING</u> 12:00 PM, ZOOM and Habitat for Humanity, 2180 Iowa Avenue, Riverside
- 11 INTERNATIONAL DAY OF THE GIRL CHILD
- 13 <u>COMEDY NIGHT</u> <u>FUNDRAISER</u> Elks Club
- 22 **PROGRAM MEETING** 12:00 PM, Habitat for Humanity, 2180 Iowa Avenue, Riverside
- 24 UNITED NATIONS DAY

#### NOVEMBER 2024 CALENDAR



- 5 <u>BOARD MEETING</u> 12:00 PM on ZOOM
- 9 WORLD FREEDOM DAY
- 12 <u>BUSINESS MEETING</u> 12:00 PM, ZOOM and Habitat for Humanity, 2180 Iowa Avenue, Riverside
- 25 <u>INTERNATIONAL DAY FOR</u> <u>THE ELIMINATION OF</u> <u>VIOLENCE AGAINST</u> <u>WOMEN</u>
- 26 <u>PROGRAM MEETING</u> 12:00 PM, Habitat for Humanity, 2180 Iowa Avenue, Riverside

#### DATES TO REMEMBER



#### February 7, 2025 <u>RHINESTONES, COWGIRLS &</u> <u>AUCTION FUNDRAISER</u>

March 15, 2025 <u>LIVE YOUR DREAM: DREAM IT,</u> <u>BE IT CONFERENCE</u>

#### April 2025 <u>SALUTE TO SERVICE</u> <u>AWARDS LUNCHEON</u>

June 5-8, 2025 <u>GWR SPRING CONFERENCE</u> We-Ko-Pa Resort & Casino Fort McDowell, Arizona

July 2027 <u>SOROPTIMIST INTERNATIONAL</u> <u>CONVENTION</u>

#### FOR YOUR INFORMATION

Soroptimist International of Riverside, a club in District 1 of the Golden West Region of Soroptimist International of the Americas, meets on the 2nd and 4th Tuesdays of each month. Business meetings are on the 2nd Tuesday and Program meetings are on the 4th Tuesday. Business meetings are hybrid on ZOOM and in person at Habitat for Humanity, 2180 Iowa Avenue, Riverside. Program meetings are in person only at Habitat for Humanity. Meetings will last from noon until approximately 1:15 PM. Please arrive a little early so we may begin promptly at noon.

### OCTOBER 11, 2024 INTERNATIONAL DAY OF THE GIRL CHILD



The 2024 International Day of the Girl Child theme is "Girls' Vision for the Future."

This year's theme conveys both the need for urgent action and persistent hope, driven by the power of girls' voices and vision for the future.

Today's generation of girls is disproportionately affected by global crises of climate, conflict, poverty and pushback on hard won gains for human rights and gender equality. Too many girls are still denied their rights, restricting their choices and limiting their futures.

Yet recent analysis shows that girls are not only courageous in the face of crisis, but hopeful for the future. Every day, they are taking action to realize a vision of a world in which all girls are protected, respected and empowered.

But girls cannot realize this vision alone. They need allies who listen to and respond to their needs.

With the right support, resources and opportunities, the potential of the world's more than 1.1 billion girls is limitless. And when girls lead, the impact is immediate and wide reaching. Families, communities and economies are all stronger, our future brighter.

It is time to listen to girls, to invest in proven solutions that will accelerate progress towards a future in which every girl can fulfil her potential.

> ARTICLE FROM: https://www.un.org/en/ observances/girl-child-day

## SOROPTIMIST INTERNATIONAL

# SOROPTIMIST INTERNATIONAL FOUNDERS DAY



Members of the first Soroptimist club, SI of Alameda County, with their guests celebrating the club's 3rd anniversary in 1924.

At the beginning of the 1920's, women in North America had established themselves in the political arena through suffrage and in the professional world as a result of World War 1. The time was right for women actively engaged in professions and careers to come together for mutual support and friendship and to serve the communities to which they belonged. The time was right for Soroptimist.



Stuart Morrow, Soroptimist Organizer, and Adelaide Goddard, owner of the Parker-Goddard Secretarial School

In the spring of 1921, Stuart Morrow, an organizer of men's service clubs, visited Oakland,

California. In search of a potential member for an Optimist club, Morrow called on the Parker-Goddard Secretarial School, presuming it was run by men and found instead Miss Adelaide Goddard and Miss Mabel Parker owned the school. Explaining his mistake, Morrow excused himself. As Morrow left, Miss Goddard remarked that she would be interested in joining such a club for women if he ever considered forming one.

Goddard's remark set the wheels in motion for Stuart Morrow. He contacted a number of business women in the community and invited them to a preliminary meeting on May 21, 1921. Of the six women in attendance, only one showed real interest. This woman began recruiting her acquaintances and on June 21, 1921, a luncheon meeting with 10 women officially launched the club toward its goal of 80 members to receive a charter from Morrow.

This core group met once a week and continued to gather the names of eligible women from Alameda County. They also chose the name Soroptimist for the organization, coining a word from the two Latin words "soror" (woman) and "optima" (the best). Thus Soroptimist became "The Best for Women."



Violet Richardson Ward First President of the Soroptimist Club of Alameda County

On September 26, 1921, the charter was closed and officers were elected with Violet Richardson Ward serving as the first president. The presentation of the charter and an installation ceremony took place on October 3, 1921, the day officially celebrated as Founders Day.

# SEPTEMBER 10, 2024 MEMBER BIRTHDAYS



Hospitality Chair Charlene Johnson brought cupcakes to the September business meeting to celebrate the members who have birthdays in September.

## SEPTEMBER 4-13, 2024 "MENTORING FOR YOUNG WOMEN" VISITOR FROM GERMANY

Soroptimist International of Riverside has had a friendship link with the Soroptimist club in our sister city, Erlangen, Germany. SI Riverside and SI Erlangen began our "Mentoring for Young Women" international exchange program many years ago, which involves sponsoring a young lady from one city to spend two weeks hosted by the other city. This year it is our turn and our privilege to host Jennifer Renn, an architectural student from Erlangen.

Jennifer arrived on September 4th and stayed for one week with each of two club members while other club members took her to places of interest. Jennifer left to go back to Germany on September 17th.



#### Dear SI Riverside Members:

Thank you soooo much for your part in making Jennifer's visit a spectacular success. Lynn Scecina and I appreciate your willingness to take her to places that enriched her architecture, psychology and Riverside and surrounding areas education.

Jennifer loved learning our "American" ways and tasting American food (and Mexican food, as well).

Jennifer is a bright, caring, inquisitive and personable young woman and all those who met her were endeared to her.

Thanks again for all you did.

Warmly, Ellen Clizbe

#### September 4, 2024 Welcome at LAX

Jennifer was welcomed at LAX by Ellen Clizbe and Chris Deviny.







#### September 5, 2024 Welcome Reception

A Welcome Reception was held at Lynn Scecina's beautiful home.



#### September 6, 2024 Coronado Island

Melanie McKee took Jennifer to see Coronado Island and they had dinner at Miguel's Cantina.







#### September 7, 2024 Corona Del Mar

Lynn Scecina and her husband Mike took Jennifer for a visit with Steve Kroh, a retired architect, at his beautiful home and then they all got to play in the ocean at Corona Del Mar.









#### September 8, 2024 Services at the First United Methodist Church

Susan Exon took Jennifer to services at the First United Methodist Church with Reverend JT Kim.





#### September 8, 2024 The Cheech Art Museum

Melanie McKee took Jennifer to visit The Cheech Art Museum.



#### September 8, 2024 Tio's Tacos

A group of members took Jennifer to Tio's Tacos. She had previously mentioned that she would like to try macaroni and cheese so Ellen Clizbe made a special presentation to her of a box of macaroni and cheese that Jennifer could take home.



#### September 10, 2024 SI Riverside Business Meeting

Jennifer joined club members for our September business meeting.



#### September 11, 2024 California Baptist University

Ellen Clizbe took Jennifer to visit California Baptist University. At CBU, she met Xavier Adrian, an architect and teacher at the university. Xavier took Jennifer to each floor, from freshman through masters, where she saw the students working on their projects.



## September 13, 2024 Visit with Dr. Lynn Scecina

Jennifer spent time at the office of Dr. Lynn Scecina learning about chiropractic care.



### September 13, 2024 Equine Therapy

Lynn Scecina took Jennifer to meet Dr. Aine Bergin, a psychologist who uses equine therapy. The pony is Oreo and the horse is Caspian. Jennifer got to ride Caspian.









September 16, 2024 Disneyland

Tiffanie Tate took Jennifer to Disneyland and California Adventure along with her daughter Mia and Mia's former college roommates, Heather and Nyomi.















#### September 16, 2024 Farewell Reception

Debbie Kelly held a small farewell reception for Jennifer on the evening before she left to go back to Erlangen, Germany.





# OCTOBER 13, 2024 COMEDY NIGHT





Sunday October 13, 2024 5:00 PM – 9:00 PM Riverside Elks Lodge 6166 Brockton Avenue Riverside CA

Dinner Provided by the Taco Lady No Host Bar

\$60/person Purchase tickets online at:

# soroptimistriverside.org

or use the QR Code below:



QR Code to Purchase Tickets For SI Riverside's Comedy Night



The 2nd annual Rhinestones, Cowgirls & Auction fundraiser will be held on February 7, 2025, at the Elks Lodge in Riverside. Please mark your calendars.

AUCTION

"Save the Date" notifications will go out on November 18, 2024, and formal invitations will follow during the week of January 2, 2025.

Melanie McKee & Tiffanie Tate RCA Co-Chairs



MARCH 15, 2025 LIVE YOUR DREAM: DREAM IT, BE IT CONFERENCE



# "SAVE THE DATE"

Our Live Your Dream: Dream It, Be It Conference will be held on <u>March 15, 2025</u>, at Riverside City College.

Mark your calendars now!

# SOROPTIMIST EDUCATION & TRAINING



# Leadership Tip: Public Speaking

When people hear the words public speaking, they most likely think about someone in the front of a room, up on a stage and making a long presentation. However, public speaking takes on many forms and we may be speaking in public more often than we think. For example, within your club you may be giving a report during a meeting, leading a Dream It, Be It session, talking to prospective members about the benefits of joining or even leading an auction during a fundraiser.

Being a leader within Soroptimist, you will often be tapped for information and for vour expertise. You may be given advance notice or you may even be put on the spot at times. That is why it is so important to improve upon and practice our speaking skills. To do that, review the following tips and try putting them into practice. They will help build your confidence and help put you more at ease when you step in front of a crowd.

# Use your nerves to your advantage:

Cited as one of the greatest fears people have, just the thought of public speaking can make you sweat and develop an uneasy feeling in your stomach. This is normal. Our brains can perceive physical or psychological stress and the adrenaline starts pumping. Embrace this energy to show your passion, to vary your inflection and move around the room.

## Get personal:

Share stories about yourself (or someone you know) when public speaking. This is especially a great way to kick off a presentation because 1) you can grab the audience's attention with a true story; 2) you'll be able to convey personal easily а experience (having lived through it); and 3) listeners will be able to empathize with what you are saying and will want to hear more.

# Keep it simple:

Don't be tempted to use big words or complicated definitions in order to impress your audience. Speak plainly and to the point. If you trip up over an 8-syllable word, it's not pretty. For example, try to say "intellectualization" a few times. Does it roll off the tongue? Now imagine including it in a speech you are giving. Choose words you and your listeners can easily say and understand.

## Mistakes will happen:

Surprise... no one is perfect! Even the most polished of speakers can and will make mistakes. We are all human, so don't be so hard on yourself. You may lose your place when referring to your notes. Someone may interject a question and throw you off track. If you make a gaffe – admit it, own it and move on. Errors are humanizing and you'll appear more relatable.

# Practice – Even though it won't make you perfect:

Rehearse your speech not once, not twice, but as much as you can. Do it in front of a mirror, a friend or even your family pet. This will help you see what parts you are stumbling on or realize content that just doesn't work. Keep in mind, even practicing over and over won't make you perfect. See above – mistakes will happen – but you will be better prepared to recover gracefully.

# Start and end with a bang:

Finally, you want grab the audience's attention right at the start and help them walk away with the key takeaways at the end of your presentation. In the beginning, that could mean sharing a personal story or relaying a startling statistic related to your subject matter. At the end, the final message you give is what people will remember the most. Try summarizing the key points enthusiastically, giving the audience a call to action, or use an inspirational quote that ties in directly to your subject.

Take these tips to heart when you are called upon or volunteer to speak in front of a group. They can help improve your public speaking skills so you will be ready to lead your next club meeting or report out to the delegates at a Soroptimist region conference.

In addition, you can apply these public speaking skills in your professional life during meetings or presentations at work or in other civic and volunteer engagements in your community.

By being able to stand up in front of an audience and clearly communicate your message, you'll gain confidence and earn respect and you'll be able to spread the word more effectively about our mission to improve the lives of women and girls who face obstacles such as poverty, violence and teen pregnancy.

Article from: soroptimistinternational.org

# OCTOBER BIRTHDAYS



Charlene Hildebrandt October 26th

# OCTOBER MEMBERSHIP **ANNIVERSARIES** Happy Inniversary **Edith Gingerich** 10-16-2015 Melanie McKee 10-24-2018 CONTACT US CONTACT\_US SOROPTIMIST INTERNATIONAL OF **RIVERSIDE CLUB NUMBER** 114315 MAILING ADDRESS: P. O. Box 1631 Riverside CA 92502 EMAIL ADDRESS: siriverside@soroptimist.net **WEBPAGE** www.soroptimistriverside.org FACEBOOK Soroptimist Riverside CA **INSTAGRAM** soroptimistriverside LINKED IN www.linkedin.com/company/sor optimist-international-of-riverside

# **GOLDEN WEST REGION** WEBPAGE www.goldenwestregion.org FACEBOOK Soroptimist International Golden West Region SOROPTIMIST INTERNATIONAL OF THE AMERICAS INC. 1709 Spruce Street Philadelphia, PA 19103-6103 WEBPAGE www.soroptimist.org FACEBOOK Soroptimist International of the Americas SOROPTIMIST **INTERNATIONAL** 8A Romsey Terrace Cambridge, CB1 3NH United Kingdom **WEBPAGE** www.soroptimistinternational.org SOROPTIMIST PLEDGE NVESTING IN I pledge allegiance to

I pledge allegiance to Soroptimist and to The ideals for which it stands: The Sincerity of Friendship, The Joy of Achievement, The Dignity of Service, The Integrity of Profession, The Love of Country. I will put forth my greatest effort to promote, uphold, and defend these ideals, for a larger fellowship in home, in society, in business, for country and for God.

## **RIVERSIDELINES**

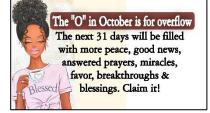


<u>EDITOR</u> Pam Bradford

<u>DEADLINE</u> Submit articles and photos by the 25th of each month to Pam at:

pambradford@pamsemail.net

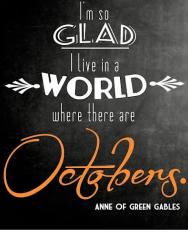
#### OCTOBER BLESSINGS





ELIZABETH GEORGE SPEARE





Hello October New month, new day, new life. May this month bring you happiness, peace, love, an abundance of blessings, satisfaction and victory. May God fill your life with happiness beyond material possessions, and all the desires of your heart be granted. May God bless you, you family and your loved ones all the days of your life.